



scan the QR code and register your product within 7 days to activate your warranty



Registering also gives you access to tips, exciting offers and more!

deep kneading neck and shoulder massager with heat

INSTRUCTION MANUAL AND WARRANTY INFORMATION

IMPORTANT SAFETY INSTRUCTIONS

WHEN USING ELECTRICAL PRODUCTS, ESPECIALLY WHEN CHILDREN ARE PRESENT, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED, INCLUDING THE FOLLOWING:

READ ALL INSTRUCTIONS BEFORE USING.

DANGER – TO REDUCE THE RISK OF ELECTRIC SHOCK:

- Always unplug this appliance from the electrical outlet immediately after using and before cleaning.
- DO NOT reach for an appliance that has fallen into water. Unplug it immediately.
- DO NOT use while bathing or in a shower.
- DO NOT place or store appliance where it can fall or be pulled into a tub or sink.
- DO NOT place in or drop into water or other liquid.
- NEVER use pins or other metallic fasteners with this appliance.

WARNING – TO REDUCE THE RISK OF BURNS, FIRE, ELECTRIC SHOCK, OR INJURY TO PERSONS:

- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts or attachments.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids
 or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by Homedics; specifically, any attachments not provided with the unit.
- NEVER operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to Homedics Service Center for examination and repair.
- Keep the cord away from heated surfaces.
- NEVER drop or insert any object into any opening.
- DO NOT operate where aerosol (spray) products are being used or where oxygen is being administered.
- DO NOT operate under a blanket or pillow. Excessive heating can occur and cause fire, electric shock or injury to persons.
- DO NOT carry this appliance by the supply cord or use cord as a handle.
- To disconnect, turn all controls to the off position, then remove plug from outlet.
- DO NOT use outdoors.
- NEVER operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Use heated surfaces carefully. May cause serious burns. Do not use over insensitive skin
 areas or in the presence of poor circulation. The unattended use of heat by children or
 incapacitated persons may be dangerous.
- DO NOT use this massager in close proximity to loose clothing or jewelry.
- Keep long hair away from massager while in use.
- NEVER operate on a soft surface, such as a bed or couch where the air openings may be blocked.
- Prevent unintentional starting. Ensure the switch is in the off-position before connecting to battery pack, picking up or carrying the appliance. Carrying the appliance with your finger on the switch or energizing appliance that have the switch on invites accidents.
- Recharge only with the charger specified by the manufacturer. A charger that is suitable for one type of battery pack may create a risk of fire when used with another battery pack.
- Under abusive conditions, liquid may be ejected from the battery; avoid contact. If contact accidentally occurs, flush with water. If liquid contacts eyes, additionally seek medical help. Liquid ejected from the battery may cause irritation or burns.

- DO NOT use a battery pack or appliance that is damaged or modified. Damaged or modified batteries may exhibit unpredictable behavior resulting in fire, explosion or risk of injury.
- DO NOT expose a battery pack or appliance to fire or excessive temperature. Exposure to fire or temperature above 130°C may cause explosion.
- Follow all charging instructions and do not charge the battery pack or appliance outside of the temperature range specified in the instructions. Charging improperly or at temperatures outside of the specified range may damage the battery and increase the risk of fire.
- Have servicing performed by a qualified repair person using only identical replacement parts. This will ensure that the safety of the product is maintained.
- Product operating and charging range: 0°C 40°C.
- All servicing of this massager must be performed by authorized Homedics service personnel only.
- This product has an internal, non-replaceable lithium-ion battery.
- This battery is not user-serviceable. Please dispose in accordance with local, state, province, and country regulations.

SAVE THESE INSTRUCTIONS CAUTION - PLEASE READ ALL INSTRUCTIONS CAREFULLY BEFORE OPERATING.

- Consult your doctor prior to using this product, if:
 - You are pregnant
 - You have a pacemaker
 - You have any concerns regarding your health
- Not recommended for use by diabetics.
- NEVER leave the appliance unattended, especially if children are present.
- DO NOT use this product for more than 15 minutes at a time.
- Extensive use could lead to the product's excessive heating and shorter life. Should this occur, discontinue use and allow the unit to cool before operating.
- Never use this product directly on swollen or inflamed areas or skin eruptions.
- DO NOT use this product as a substitute for medical attention.
- This product is equipped with an overheating protection circuit. If the power is cut off, please wait until the product is cooled down.
- NEVER use this product while in bed.
- This product should NEVER be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls or who has sensory deficiencies.
- This product is not for use in automobiles.
- This product is intended for household use only.

A / INDICATOR LIGHT

B / POWER BUTTON

Press and hold for 2 seconds to turn on/off.

C / MODE SELECTION

Default mode when powered on is mode 1. Press the mode button to switch between mode 1 and mode 2.

D / HOT COMPRESS MODE

Default heating is on when powered on. Press the hot compress button to turn off the heating.

Press the heating button again to turn on the heating, and repeat this cycle.

E / INTENSITY MODE

Default intensity is level 1. Press the intensity button to switch between level 1 and level 2.



PREPARATION BEFORE USE

Please check if the product and accessories are complete and undamaged.

- USB-C rechargeable To charge the product, plug the charging cable into the socket and connect the cable to the charging socket (Fig. 1).
- Charging time is 4 hours for up to 2 hours run time (depending on setting used). Please use a 5V = 2A charger for charging.
- Once the charging cable is connected, a solid red LED light will indicate the product is charging. A solid green LED light will indicate the product is fully charged.
- Once the product is fully charged, disconnect it from the power supply.
- This product cannot be used while charging this is to protect the life of the components and also to avoid injury
- When battery reaches 10%, the LED on the control panel will flash red.
- After charging is complete, please unplug the power source.

NOTE: Use only with Listed/Certified ITE Power Supply. Recharge only with the USB-C Charging cord provided with the unit. Use a USB AC Adapter that is suitable to provide the required Input Voltage and minimum input current. Use of any

INSTRUCTIONS FOR USE

other cord or incompatible USB AC Adapter may damage the product and may increase risk of harm to user or property.

- Press and hold power button for 2 seconds to turn on
- Press and hold power button for 2 seconds to turn off
- 2 massage modes when the product is powered on, it will start in the first mode which is traditional kneading massage. The second mode reverses the direction of the massage nodes.
- Soothing heat is activated by short pressing the heat button only the 2 larger nodes are heated
- Select from 2 intensity settings (hi/low)
- Place massager around neck (Fig. 2). Position the 2 larger nodes at the top of your neck, and the smaller nodes between your shoulder blades
- The hands free system works by clipping the elastic straps into the buckles located on the top and bottom of the product while wearing it. The straps are meant to go under the arms (Fig. 3) to secure the neck massager against your

neck, almost like a backsack.

NOTE: Do not use this product for more than 15 minutes at a time.

There is a 15 minute auto shut-off on this appliance for your safety. This feature should not be used as a substitute for 'OFF'. Always remember to switch the appliance off when not in use.

MAINTENANCE

CLEANING

Unplug the appliance and allow to cool before cleaning.

- Clean only with a soft, slightly damp sponge.
- NEVER allow water or any other liquids to come into contact with the appliance.
- DO NOT immerse in any liquid to clean.
- NEVER use abrasive cleaners, brushes, glass / furniture polish, paint thinner etc to clean.

STORAGE

Allow the product to cool down and then place in its box or in a safe, dry, cool place. Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface. To avoid breakage, DO NOT wrap the USB cable around the appliance. DO NOT hang the unit by the USB cable.

SUPPLIER'S DECLARATION OF CONFORMITY

Product Description: deep kneading neck and shoulder massager with heat

Model Number: NMS-275HJ Trade Name: Homedics

FCC Compliance Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

U.S. Contact Information Company: Homedics, LLC.

Address: 3000 N Pontiac Trail, Commerce Township, MI 48390

8:30am-7:00pm EST Monday-Friday 1-800-466-3342

Homedics is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

CAN ICES-003(B)/NMB-003(B)

Homedics

1-YEAR LIMITED WARRANTY

Homedics sells its products with the intent that they are free of defects in manufacture and workmanship for a period of 1 year from the date of original purchase, except as noted below. Homedics warrants that its products will be free of defects in material and workmanship under normal use and service. This warranty extends only to consumers and does not extend to Retailers.

To obtain warranty service on your Homedics product, contact a Consumer Relations representative for assistance. Please make sure to have the model number of the product available.

Homedics does not authorize anyone, including, but not limited to, Retailers, the subsequent consumer purchaser of the product from a Retailer or remote purchasers, to obligate Homedics in any way beyond the terms set forth herein. This warranty does not cover damage caused by misuse or abuse; accident; the attachment of any unauthorized accessory; alteration to the product; improper installation; unauthorized repairs or modifications; improper use of electrical/power supply; loss of power; dropped product; malfunction or damage of an operating part from failure to provide manufacturer's recommended maintenance; transportation damage; theft; neglect; vandalism; or environmental conditions; loss of use during the period the product is at a repair facility or otherwise awaiting parts or repair; or any other conditions whatsoever that are beyond the control of Homedics.

This warranty is effective only if the product is purchased and operated in the country in which the product is purchased. A product that requires modifications or adoption to enable it to operate in any other country than the country for which it was designed, manufactured, approved and/ or authorized, or repair of products damaged by these modifications is not covered under this warranty.

THE WARRANTY PROVIDED HEREIN SHALL BE THE SOLE AND EXCLUSIVE WARRANTY. THERE SHALL BE NO OTHER WARRANTIES EXPRESS OR IMPLIED INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS OR ANY OTHER OBLIGATION ON THE PART OF THE COMPANY WITH RESPECT TO PRODUCTS COVERED BY THIS WARRANTY. HOMEDICS SHALL HAVE NO LIABILITY FOR ANY INCIDENTAL, CONSEQUENTIAL, OR SPECIAL DAMAGES. IN NO EVENT SHALL THIS WARRANTY REQUIRE MORE THAN THE REPAIR OR REPLACEMENT OF ANY PART OR PARTS WHICH ARE FOUND TO BE DEFECTIVE WITHIN THE EFFECTIVE PERIOD OF THE WARRANTY. NO REFUNDS WILL BE GIVEN. IF REPLACEMENT PARTS FOR DEFECTIVE MATERIALS ARE NOT AVAILABLE, HOMEDICS RESERVES THE RIGHT TO MAKE PRODUCT SUBSTITUTIONS IN LIEU OF REPAIR OR REPLACEMENT.

This warranty does not extend to the purchase of opened, used, repaired, repackaged and/or resealed products, including but not limited to sale of such products on internet auction sites and/or sales of such products by surplus or bulk resellers. Any and all warranties or guarantees shall immediately cease and terminate as to any products or parts thereof which are repaired, replaced, altered, or modified, without the prior express and written consent of Homedics.

This warranty provides you with specific legal rights. You may have additional rights which may vary from state to state and country to country. Because of individual state and country regulations, some of the above limitations and exclusions may not apply to you.

For more information regarding our product line in the USA, please visit www.Homedics.com. For Canada, please visit www.Homedics.ca.

FOR SERVICE IN THE USA cservice@Homedics.com
8:30am-7:00pm EST Monday-Friday
1-800-466-3342

FOR SERVICE IN CANADA cservice@Homedics.ca 8:30am-5:00pm EST Monday-Friday 1-888-225-7378